



**Sandy Emberland: Proud Community Activist
Sandy You Make Us Proud**

The following is an excerpt from a blog by Journalist, **Mahtab Farid**. To see the complete article and wonderful pictures go to:
<http://www.payvand.com/news/08/sep/1269.html>

Just like any other journalist who came to town to cover these historic events, I kept looking for that big story to break or find the exclusive interviews until I met a delegate from California that changed my perspective about exclusive interviews and glamorous stories. Sandy Emberland, a delegate from the 24th district of California was representing the Democratic Party. I noticed Sandy's pink Obama 2008 T-Shirt as I was getting my luggage at the airport. I asked her a few questions about the convention and asked her about her role in the convention. Sandy was staying at the Sheraton hotel with the entire California delegation. I decided to follow her without really telling her that I was going to write about her so she wouldn't script her answers or give me some sound bites. I followed Sandy for the entire time during the convention from check-in until the last night when Senator Barak Obama accepted his nomination as the first African-American for the Democratic Party before 80,000 people at INVESCO Field .

Although in Denver we spotted many prominent members of congress, Hollywood stars and so to speak "movers and shakers," I was so impressed with Sandy Emberland. (Please understand that I am not trying to advocate her party. It was her true sense of patriotism that really touched me.) Here is a woman who has volunteered a year and half of her life to the campaign from making flyers, sending emails, registering voters, connecting to the local government to reaching out to prominent law makers. Here is a woman who really believes in the American values and believes in community service.

Continued on page 2

The October General Meeting
will be at the Cameron Center, 288 Greenmeadow Dr. T.O.
Wednesday, October 15th at 6:30 P.M. but check the
website www.conejodemocrats.com
for possible time and venue change.

**Hannah-Beth Jackson
Newbury Park Office**

If you want to get involved in a Campaign that can truly make a difference in California
Hannah-Beth Jackson; Candidate for State Senate for the 19th District has opened an office at:
810 Lawrence Drive Suite 124 in Newbury Park.
On the corner of Teller Rd and Lawrence Dr.
Call 805-830-8007 for more information.



**Volunteers Needed
for Walking and Calling
By: Jay Kapitz**



The Democratic Club of the Conejo Valley has had great success reaching out to voters for Democratic candidates and in past election years. This year we are especially excited about our potential to impact National and State races.

As a volunteer of the DCCV you can help in many ways. To help Senator Obama link to www.barackobama.com click on "Events" and enter your zip code. You can also attend the Obama Meetup Oct. 14th at the UFCW in Camarillo. For Hannah-Beth Jackson's campaign for Senate District 19 call (805) 280-2408 or log on to www.jackson4senate.com. Jackson's campaign will be doing phone banking. There will also be an opportunity to help with Ferial Masry's campaign for the 37th Assembly District and Marta Jorgenson's campaign for the 24th Congressional District.

Starting now DCCV will be asking its volunteers to walk door to door in their local neighborhoods to encourage Democrats, Independents, Greens and Decline to State voters to get out and vote for our Democratic candidates. Please contact Jay Kapitz at j_kapitz@yahoo.com or 818-889-1039 to help.

Sandy Emberland (continued from pg 1)

As everyone was planning to attend big events featuring famous speakers, Sandy took a day to go to the local lake to do community service at the park with the kids. She would wake up every morning to attend the delegate breakfast that featured key members of the California Delegation. Some of the speakers included, Speaker of the House Nancy Pelosi and Senator Barbara Boxer. She would then look for the people in her group and would fight to get tickets for other members who were not delegates so they could be part of the experience. She would then go to the Pepsi Center find a nice seat and listen to all the speeches. After long hours at the Pepsi Center, Sandy would attend the evening meetings with big and small timers and would really push for community service and doing well for the country. Sandy's job was not done, she would then write a blog every day after her long day for a local paper in California so rest of her friends and her party would know what is really happening in Denver. Sandy was one of many that I met at both conventions that make this country. The real story is about the volunteers and Americans who work so hard for their party; because they believe the party will bring the change for a better future. I learned so much from Sandy about patriotism and about community service work.

We are so proud of you Sandy!

★ **Don't forget October 20th is the last day to register to vote! If you know anyone who is eligible but not registered get them registered by October 20th. Remember it's up to us.** ★
★ **"I'm asking you to believe. Not just in my ability to bring about real change in Washington... I'm asking you to believe in yours."** ★
★ **Barack Obama** ★

Membership Update
we have 226 Paid members.
And 2 New Members of The Sustaining Wall

Jay Kapitz ***Linda Kapitz***
Melanie Ashen Arlene Clein Penne Letson
Helene Bialis Jerry Clein Gayle MacLeod
Leo Bialis Bruce Gardner Tracey Wyman
Ron Block

All Membership Dues paid now will count for the rest of 2008 and all of 2009. In order to vote in the upcoming club officer elections, you must be a dues paid member.

DCCV to Poll Sit November 4
The DCCV is manning a polling place November 4! Not only is this a great service we provide for the community, we also get paid. We need your help, so please take this opportunity to donate your time to democracy. We especially need volunteers to man the polls from 10-2 and 2-6. There are training sessions around the Conejo Valley, and if you are manning only the mid-morning sessions, you can get your training online. It's easy! If you can only give one or two hours, that's fine, we'd still like to have you. If you'd like to see democracy in action on November 4, please contact Kara Altshuler at 805.480.4952 or kara.altshuler@gmail.com

Victory Garden Party a Success
By: Jody Avery-Smith
Bright blue tablecloths, red napkins and delightful centerpieces by Debbie Birenbaum welcomed guests to the Sunset Hills Country Club on Sunday, September 21. The Silent Auction, set on the patio brought in approx. \$2,600.00 and offered some outstanding gifts including a golf foursome at the club, a night on the town with limo, theatre tickets and a \$100 gift certificate from Galletto's in Westlake Village. Some 130 guests enjoyed music by the Susan Cohan Trio and sat down to a delicious lunch. Ferial Masry, our Assembly candidate and Hannah-Beth Jackson, our candidate for the State Senate spoke briefly. Eric Bauman took the floor with a rousing speech on the election and inspired us all to get out there. The main speaker for the afternoon was Gil Garcetti, former district attorney of Los Angeles County who related his experiences and his project in West Africa. He brought home how vital water is to everyone on this planet. All told, DCCV made roughly \$3500.00 which will go towards helping our candidates win on November 4.

Sam Rosen, a lifelong Democrat and a 30 year member of the Democratic Club of Conejo Valley, will celebrate his 87th birthday at the Cameron Center, Oct 18th at 5:00 with a **FUNDRAISER/POTLUCK** for the Hannah-Beth Jackson/Ferial Masry Campaigns. Admission is a contribution to one or both campaigns. In addition to blowing out the candles and slicing the cake, the party will feature a Pete Seeger Sing Along, singing the songs Pete Seeger made famous. For reservations, please phone 805 498-6376. Seating is limited.
HAPPY BIRTHDAY SAM!



The Cure For Palinitis

By: Sherry Jensen

I don't know about you but for the past few weeks I have been suffering from an acute case of Palinitis: a feeling of overwhelming anger and frustration and an inability to cope with even the simplest of tasks. After one of the most inspiring and hope filled conventions ever I felt energized and ready to go. My heart was filled with "Yes We Can!" Then came the "big announcement" by McCain. Who would we see duking it out with "Joey the Shark" in the VP race? I really didn't care much; I had complete confidence in Obama's choice of Biden for our VP. I knew he could handle himself with any of them.

As I sat there at my computer and opened up my home page to discover he actually picked what some were calling the "Hockey Mom" I felt like I had just been hit in the stomach. She was no stranger to me and she was no hockey mom either. She was the horrible, wolf killing, environmental destroying, person I had been quietly fighting against for almost 2 years. I have been affiliated with the group **Defenders of Wildlife** for a while now and they warned us about her before she became Governor of Alaska.

I have had a special affection for the grey wolf ever since I was a 12 year old in Yellowstone and learned that it was actually our government who wiped them out of the Yellowstone ecosystem. In the 1980s as a young, impoverished, working, single mom I contributed to the cause of bringing them back. I cried tears of joy as I heard on the news in January of 1995 that the sound of the wolf's howl would soon be heard again in my beloved Yellowstone. Then came Sarah and the barbaric practice of Aerial Gunning of wolves in Alaska. This just couldn't be happening.

While I never gave up hope that the Obama/Biden ticket would win back the Whitehouse, I almost lost hope in the American people. Every time I turned on the TV news or powered up the internet I saw people actually cheering that awful person. Don't they know what she does? Don't they understand how dangerous she is? I became so depressed even doing the things that used to bring me joy, like putting together this newsletter, became difficult. But, take heart, I found a cure for Palinitis.

One of the hardest parts of donating money when you're a poor single mom is wondering if you're really doing right by your children. Well that small contribution has paid many dividends. I talked with my young children about what I wanted to do and they said to go for it! Now those children are grown and still giving me good advise. It was my little girl, all grown up now, who told me the cure for my ailment. She knew I was feeling overwhelmed and suggested I regain the hope and momentum of the convention by making a "vision board". I got out an old science project display board

and started finding pictures of what gave me hope in the first place. I cut pictures from magazines, got out the pictures I took from the Obama rally I attended in February '07 and downloaded some from the internet. I put together a board of inspiration. Now when I see those dwindling crowds cheering for Sarah I laugh and look at my Hope filled, inspiring, Obama Board.

I apologize for the tardiness of this newsletter but I happily report, I am cured! If any of you are suffering from this debilitating illness I highly recommend making your own vision board. Oh and seeing the pictures and video from the **Alaska Women Reject Sarah Palin Rally** helped a little too.



GOT HOPE?



Club Cookbook Fundraiser

Wanted: Recipes for Democratic

fundraiser cookbook. We need recipes from at least 75 people to make this a viable fundraiser. Thanks to those who have submitted recipes for inclusion in the Club cookbook.

Please contact Sharon Thomas at 805- 499-2423, or sharonannethomas@roadrunner.com

The Media Committee will be hosting their Third Annual Halloween Fundraiser on October 25th, 7:00 p.m. at Debbie Birenbaum's Haunted House. Tickets are \$20 each and \$15 for seniors and students and will be available next meeting. Members are encouraged to come in costume or just as their own scary selves, and enjoy Treats, eats and Entertainment.

For more info, contact:

Sue Gunther, (805)499-7822 or

Debbie Birenbaum, (805)498-7151.



Eye On The Issues

By: Sue Gunther

This month's EYE ON THE ISSUES, the official TV program of the Democratic Club of the Conejo Valley will feature Host Constance Starkey interviewing Communications Director of the Obama Campaign, Gabriel Sanchez, Psychologist Rochelle Sechooler and local Obama organizer Jay Kapitz. The topic will be campaign strategy for November. The show will also feature videos from the Democratic National Convention taken by Rick Gunther. Jody Avery-Smith is the director and Teri Smolarski and Sue Gunther are co-producers. The show can be seen Thursdays, on Cannel 25 from 6:30 to 7:30 P.M. Any Club members who are interested in finding out more about the show or has an idea for future shows is welcome to attend the media committee meetings which are held monthly. For more information contact Sue Gunther at suegunther@verizon.net.

Calendar of Events

Thursdays
New 1 hour format
6:30 – 7:30 PM

EYE ON THE ISSUES NEW DAY AND TIME

Timewarner Cable
Channel 25

October 18
12:00 – 4:00 PM

TABLING AT THE OAKS MALL

Contact Kara Altshuler
kdba@roadrunner.com

October
15th
6:30 PM

October General Meeting

Cameron Center
288 Greenmeadow Dr. T.O.
the 3rd Wednesday of the month
Check website www.conejodemocrats.com
for possible venue & time change

October 18
5:00 P.M.

Pot Luck Birthday Party

For Sam Rosen
At the Cameron Center in
Thousand Oaks
Admission: donation to
Jackson or Masry campaign

October 14
7:00—9:00PM

Obama Meetup

UFCW – Camarillo, CA
Contact Sandy Emberland
seemberland@verizon.net

Every weekend in
October

PRECINCT WALKING

Going on Now!

The club focuses on Democratic
households and walks for all
Democratic candidates
Contact: Jay Kapitz at
j_kapitz@yahoo.com or
818-889-1039



Democratic Club of Conejo Valley

P.O. Box 4421
Thousand Oaks, CA 91359
www.conejodemocrats.com
805-675-8785

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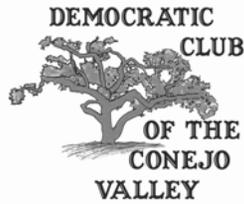
DCCV Officers for 2008

Tom Mullens, **President**
Jim McIntyre, **Exec. Vice President**
Debbie Birenbaum, **Admin. Vice President**
Mary Wallin, **Recording Secretary**
Jody Avery-Smith, **Corresponding Secretary**
Jerry Clein, **Treasurer**

Committee Chairpersons

Jay Kapitz, **Election Strategy**
Executive Board, **Fundraising**
Susie Canfield, Millie Reina, **Hospitality**
Debbie Birenbaum, **Membership Coordinator**
Tom Mullens, **Program Coordinator**
Executive Board, **Public Relations**
Jim McIntyre, **Technology**





Yes, I'd like to support the Democratic Club of the Conejo Valley!

Please fill out this form and mail with your check to the address below. If you'd like to pay via credit card, please go to our website at www.conejodemocrats.com

DCCV
P.O. Box 4421
Thousand Oaks, CA 91359

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ E-mail _____

I'm a registered Democrat I'm a new member Please renew my membership

Membership Type: (please note that memberships are for the calendar year)

Individual Membership \$20.00 Family Membership: \$30.00

Senior (65+): \$10.00 Student \$10.00

I wish to become a Sustaining Member at the following level:

\$50 \$100 \$250 \$500 \$1,000 Other, Amount: _____

**Contributions are not tax deductible*

The following information is required by federal law.

If you are a student, unemployed or retired, you can enter "none" for both fields.

Occupation _____

Employer _____

By completing this form, you are certifying the following: You are a United States citizen or a permanent resident alien. This contribution is not made from the general treasury funds of a corporation, labor organization or national bank. This contribution is not made from the treasury of an entity or person who is a federal contractor. The funds you are donating are not being provided to you by another person or entity for the purpose of making this contribution.